

6-Week Summer Menu

	Monday	Tuesday		Wednesday		Thursday	
Theme	<i>Meat Free Monday</i>	<i>International Day</i>		<i>Innovation Wednesday</i>		<i>Traditional Thursday</i>	
Week		<i>Meat option</i>	<i>Vegetarian Option</i>	<i>Meat option</i>	<i>Vegetarian option</i>	<i>Meat option</i>	<i>Vegetarian option</i>
1	Jacket potato, vegetarian fillings, coleslaw, couscous salad olive, red onion, sundried tomato salad. Ice cream sundae	Enchiladas, homemade chips, Mexican bean salad, sweet chilli, peppers, noodle salad Fruit salad	Vegetarian Enchiladas homemade chips, Mexican bean salad, sweet chilli, peppers, noodle salad Fruit salad	Loaded Tacos and salad bar Fresh fruit muffins	Vegetarian Loaded Tacos Fresh fruit muffins	Sausages, cheesy mashed potato, green beans, carrot batons, Baked beans. Fruit salad	Veggie sausage, mashed potatoes, green beans, carrot batons, gravy. Fruit salad
2	Pizza variety, pesto pasta salad, potato and spring onion salad, coleslaw, mixed salad. Jelly and ice cream	Chilli with rice, salsa, guacamole, nachos and salad bar Fruit salad	Vegetarian Chilli Fruit salad	Herb and lemon chicken with Roasted vegetables cous-cous steamed green beans Banoffee pie	Brie, walnut and cranberry puff Banoffee pie	Spaghetti bolognese Garlic bread and salad bar Brownie	Vegetable spaghetti Bolognese Garlic bread Brownie
3	Mac and cheese, roast butternut squash and sweet potato, peas, sweetcorn. Chocolate crunch and pink custard	Hot dogs, onions, wedges and salad bars Fruit salad and Eton mess coulis	Vegetarian hot dogs Fruit salad and Eton mess coulis	Honey & wholegrain mustard roast gammon, dauphinoise potatoes, vegetables Fruit salad	Homemade vegetarian loaf Fruit salad	Fish, chips, peas, sweetcorn, beans and salad bar. Fruit salad Strawberry mousse	Pea & asparagus frittata Strawberry mousse
4	Jacket potato, vegetarian fillings, coleslaw, couscous salad olive, red onion, sundried tomato salad. Fruit Flapjack	Chicken souvlaki, homemade tzatziki, pitta, Greek salad and salad bar Fruit muffin	Halloumi, cherry tomato souvlaki Fruit muffin	Pasties, new potatoes, green beans, carrots and salad bar Ice cream sundae	Vegetarian pasties Ice cream sundae	Chicken korma and chicken katsu curry, onion bhajis, naan bread and yogurt dip Fruit salad	Chickpea and potato tikka masala curry Fruit salad
5	Pizza variety, pesto pasta salad, potato and spring onion salad, coleslaw, mixed salad. Banana muffins	Lasagna, garlic bread and salad bar Fruit salad	Roast Vegetable Lasagna Fruit salad	Roast pork in a soft roll with stuffing & apple sauce, wedges, salads Fruit salad pavlova	Halloumi and field mushroom in roll Fruit salad pavlova	Chicken and roasted vegetable rice bowl Lemon meringue pie	Tofu in a sweet and sour rice bowl Lemon meringue pie
6	Mac and cheese, roast butternut squash and sweet potato, peas, sweetcorn. Fruit salad	Chicken fajitas, savoury rice and salad bar Chocolate sponge chocolate custard	Spicy vegetarian fajitas Chocolate sponge chocolate custard	Baked herb and lemon salmon or cod, chips and peas Ginger nut based key lime pie	Spinach and mushroom frittata Ginger nut based key lime pie	Beef Burgers in a bun, sweet potato wedges and salad bar Fruit salad	Spicy bean burgers Fruit salad

6-Week Summer Menu

	Friday	
Theme	Culinary Friday	
Week	Meat option	Vegetarian option
1	Quiche new potatoes and salad bar	Quiche
	Fruit topped cheesecake	Fruit topped cheesecake
2	All Day Breakfast	Vegetarian All Day Breakfast
	Fudged topped brownie	Fudged topped brownie
3	Chinese chicken with stir fry vegetables and savoury rice	Mushroom risotto
	Fresh fruit pavlova	Fresh fruit pavlova
4	Teriyaki chicken and noodle bowl	Teriyaki tofu and noodle bowl
	Fresh fruit trifle	Fresh fruit trifle
5	Goats cheese and roasted red pepper tart	Stuffed peppers
	Lemon meringue pie	Lemon meringue pie
6	Ploughman's, pickles, scotch eggs, sausage rolls and salads	Ploughman's Lunch
	Summer fruit crumble	Summer fruit crumble